



Dunbar Community Centre

4747 Dunbar St.
604.222-6060
dunbarcc@vancouver.ca

Winter 2020 Indoor Cycling Schedule January 2nd – March 30th

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---------------------------------------------------------|-------------------------------------------------------------------------------|--------------------------------------------------------|-----------------------------------------------------------|----------------------------------------------------------|---------------------------------------------------------------------------------------|
| | Cycle Xpress 6:15am to 7:00am Brenda | | Cycle Xpress 6:15am to 7:00am Brenda | | |
| Cycle Core 9:30am to 10:30am Toni | Cycle Fit 9:15am to 10:15am Mike | Cycle Core 9:30am to 10:30am Toni | Cycle Xpress 9:15am to 10:00am Rocio | Cycle Xpress 9:15am to 10:00am Toni | Cycle Fit 8:30am to 9:30am Mike / Mary <i>*See note below</i> |
| Cycle Xpress 6:30pm to 7:15pm Mary | Learn to Cycle <i>6 weeks only!</i> 5:30pm to 6:15pm Mary | | | | |

***Mike and Mary share the Saturday class - Mike teaches a 1 hr Cycle Fit class the first two weeks of the month and Mary teaches a 45 min Cycle Xpress class the last two weeks of each month.**

Schedule is subject to change. Please call us or visit vancouverparks.ca to confirm.

| Indoor Cycling Admission Fees (Prices do not include GST) | Single | 10 Tickets *for use at Champlain, Creekside, Dunbar, Hillcrest, Trout Lake |
|--------------------------------------------------------------|--------|----------------------------------------------------------------------------------|
| Adult | \$6.10 | \$49.60 |

